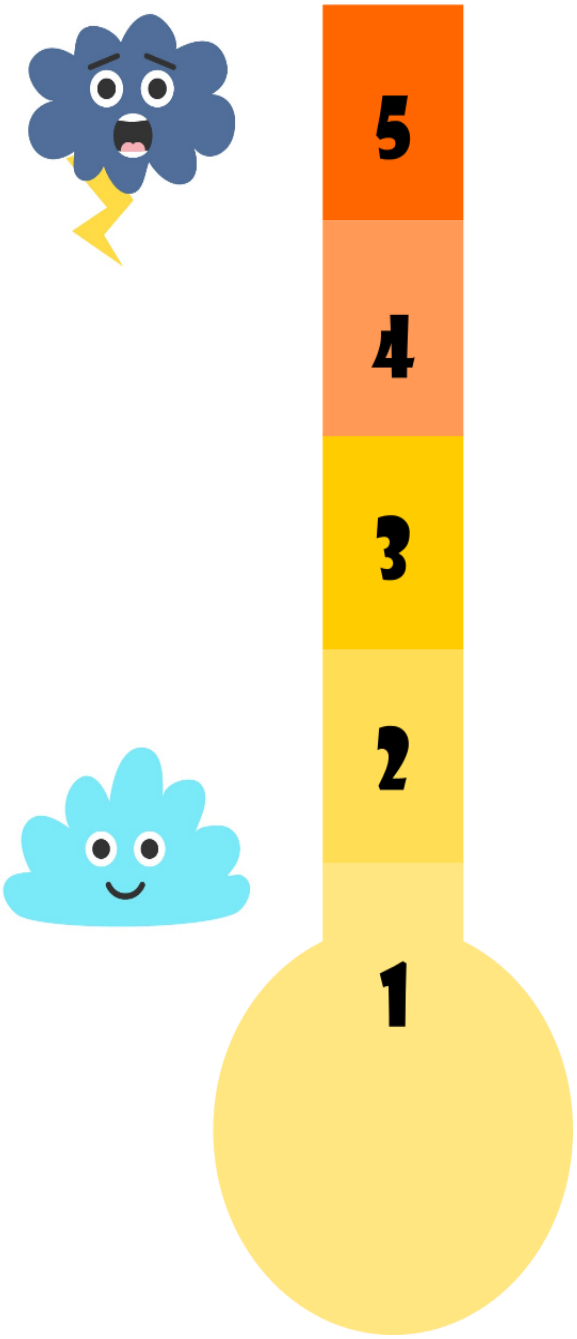
Comment je me sens ?

Quelle alternative ?